

## LESSON

# 1

# Introduction/ Disaster Situations

## Objectives

- Get to know each other
- Familiarize yourself with emergency situations and phrases

## Introduce yourself

## Making the Most Out of Each Lesson

### Make Mistakes

The purpose of lesson is not so that you can rehearse set phrases or simple sentences you already know. The purpose is improvement. **Wrong words are better than no words.**

You learn more from trying to challenge yourself and making a mistake than you do from only saying what you are sure of. The best way to improve your English is to use it whenever you have the opportunity and get as much feedback as you can.

### Hang in There

You'll get the most value out of the class if you try to spend the whole time speaking in English. Speaking only English for 90 minutes is tiring, but you can do it!

Try to ask questions in English, too. This will help your brain to be in English mode when you hear the answer and you will remember it better.

If you don't know a word, it's okay to use Japanese – as long as you use it in an English sentence.

Then after you get the answer, make sure to use the English. For example:

Student: I am going to visit my daughter. I am... em... how do I say, 楽しみにする?

Teacher: looking forward to

Student: Ah, thanks. I am going to visit my daughter. I am looking forward to seeing my grandkids.

### Get Involved

You will learn the most in each lesson if you participate actively and don't just take what the teacher provides. Asking questions and trying to use things we haven't covered is good.

Two important things for this are a dictionary (paper, electronic, phone, etc.) and a notebook.

That way you can look up words that you don't understand or that you want to try to use and you can make notes on the answers to your questions or the feedback you receive.

But you shouldn't write down everything. Use your notes for the important points, but don't spend so much time with your dictionary and notebook that you stop talking.

**Let's have fun communicating together!**

## Icebreaker

What is an icebreaker? Why do we need to break the ice?

☆ Let's try an icebreaking activity to get comfortable with each other!

## Vocabulary brainstorming

List as many as you can!

1. Types of disasters
2. People involved during and after the disaster
3. Places and things related to disasters

## “What to Do in a Disaster” game

Think quickly about how to protect yourself!

Purposes:

- Quick decision making
- Discuss risk

## Useful phrases

See the attached handout.

We will use this sheet in the beginning of every class from now on.

## Q&A